

4
Especiall Obseruations,

AND

APPROVED PHYSICALL RVLES;

which haue (heretofore) beene well
Tryed and Experienced, in the last
heauy and grievous time of
the Pestilence.

13. 7. 1. 693

AND,

Vpon the Good and Benefit then ensuing by it:
thought meete to bee now Published, in
this dangerous Contagion of the
Plague.

SERVING

As soueraigne Antidotes, for preservation
of all such as are not Infected; as also
for them that bee already
Visited.

LONDON.

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THE READERS DIRECTION,



Concerning this final Treatise (gentle Reader) it hath beene entertained and allowed by very good Iudgements, both such as haue beene deeply read in Physicke and Chyrurgerie, and haue made perfect experience, both in the Receits and Applications. Former times (of like fearefull Visitation) haue found them sollidly approued, euen vpon their best friends and familiars, whose welfare they tendered as their owne. Yet I am not so rash or indiscreet, as to affirme these

The Readers Direction.

aduises of more securitie, then either
G O D s assisting Grace, or Mens best
Practise may giue a blessing to. One-
ly thistime of vrgent necessitie, occa-
sioneth the publishing for generall be-
nefit : *Paul* may plant, *Apollo* may
water ; but G O D onely is the
ground, that giueth Grace
and successe.

Farewell.

ES PL.



ESPECIAL
OBSERVATIONS, FIT TO
BE VSED IN THE TIME
OF PLAGVE AND
PESTILENCES.

*with certaine Rules and good instructions, to be observed
against the Plague, &c.*



OR as much as the force and infection of the disease called the Plague or Pestilence, hath heretofore bene too well knowne, and now at this time is too fiercely felt in diuers and sundry places of this Kingdome, and for that diuers Cities, Townes, and other places of this Realme, haue bene so grievously vexed therewith: therefore (according to my simple skill and knowledge therein) I haue thought good to publish and make knowne vnto all, aswell such Preseruatiues as are good to be vsed, observed and kept by all sorts of people for the auoyding of the same disease, being greatly infectious, and easily taken diuers and sundry waies: as also for the better preservation of those that are in health, from the infection of the disease, and to cure and order those that are any way infected or grieued with the same: and therefore

B

these;

Especial Observations

these things following, ought chiefly to be regarded, and fully obserued in all respects. (Viz.)

1. To keepe your Houses, Wardes, Backsides, Strettes, and Charnells cleane from all standing puddles, dunghills, and corrupt moistures, which ingender stinking and filthie sanours that be noysome, or may breed infection.

2. To suffer no Dogs nor Cats to come into your houses, nor to keepe any your selues, (except you dwell in some open place of the Tye) for they be very dangerous, and most apt (of any kind of thing) to take infection of sickness, and to bring it home to their masters house; by reason that they run from place to place, and from one house to another, continually feeding upon the uncleanest things that are cast forth into the streets.

3. To aspe your runnes (seuerally) with Char-cole fire, made in stone pans, or Chaling dishes, and not in Chimneys, but as you can set your pans in the midst of the flume, and before to aspe every runne twice a weeke at the least, and put into your fire, a little Frankensence, Juniper, dried Rosemary or Bay-leaves, Sage and Lavender.

4. To wash your linnen often, and to aspe your Trowsers in the Sun, or ouer pans of fire; or ouer a Chaling dish of Coales, and to luma the same either with Frankensence, dried Rosemary, Juniper, and Bay-leaves.

5. To smell to the Rootes of Brula Campana, steeped in white-Wine Vinegar, and wrapped in a handkercher, or else to Hearb grace, and Wormewood steeped in Vinegar, and carried vnder the Hind of a Lemmon, or in some thing (made for that purpose close stopp: Also powder of Erub-Campana rotes in drinke, or hanged about your neck, or stucke in your mouth in good-to see or cheere in your mouth, either the rootes of Angelica, Setwall, Gentian, Vakrian, Cinamon, or the rootes of Aras, and to use every morning fasting 10 grs Sorrell steeped in Vinegar, with a little Hony and butter; or if vinegar be scarce, then with Sorrell Saues. Also to eat a kernell of a Walnut with 5. or 6. drops of Herbegrace.

against the Plague and Pestilence.

Herbysage, and a coarſe ap'too of ſoale, put altogether in
a ſig warmed, and eaten ſaltling twice or thrice a weeke,
and to ſitt thre houres after it.

6 To comfort the ſtomack, often with an Alebrey made
of Cloues, Mace, Nutmegs, Saunders, Gorny Greines, and
beſt libe.

7 To drinke Rue. Wormewood and Scabious, ſteep't in
Ale a whole night, in the morning ſittling: (Alſo to take the
Roses of Enula Campana beaten together and drinke ſitt-
ing) or to drinke the powder of Turmentill in Sorrell or Sca-
bious Water ſittling: or elſe to take the water of Cardus Be-
nedictus, or Angelica mixt with Methridatum. Alſo Bay-
berries waſht beſore they be drie beaten to powder, and
drinke it either in ſtale Beere or Ale, or in Wine, and to
ſweat upon it and ſo ſtrengthen hope.

8 To procure ſweat being in your naked bed, by drin-
king of Poſſet Ale, ſadden with Sorrell and Burrage and
mixt with Triacle, but if any ſele theſe ſeines infected, let
them take Angelica water mixt with Methridatum, and af-
ter it, ſweat in bed upon it.

9 To preſerue your ſelves by correcting the ayre in your
houſes, It is neceſſary that you take Roſemary, drie Juniper,
Bay-leaves, or Frankenscence, and caſt the ſame upon a
Chalſing diſh of coales, and receive the ſmoke or ſume there-
of into your head, if you haue it, you may put a little Rauen-
ber or Sage that is dyped into the fire with the reſt, and it
will be the better.

10 Alſo to preſerue your ſelves otherwiſe by perfuming
or ſweetning the Ayre in your houſes and Chambers: Take
a good quantity of Wine Vineger, and put thereto a little
Rofewater, and 10. or 12. branches of Roſemary, and put
them all into the Balſon: then take 7. or 8. Flintſtones, and
heat them red hot in the fire, and caſt them into the ſaid Vi-
negar, and ſo perfume your Chambers or other houſes
therewith as often as you ſhall thinke meete, and let them be
in your one after another.

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11. It is likewise to preserve your selfe by perswading of your Apparell: take the same apparell that you doe usually weare and let the same be kept sweete and cleane, and persume it often, either with red Sanders turne, or old white Juniper: And if you happen to be with any that are infected, assure as euer you come home, wash your selfe immediately, and wape your clothes as aforesaid, or otherwise wape them well in some open Ayre.

12. Lastly, if the patient be collicke, and hard bound in his belly, then let him take a suppositorie made with a little boyled Hurry, and a little fine powder of Salt, and so take it in at the fundament, and so let it be kept therein till it moue a stoule or two.



PRESERVATIVES (Corporall) against the Plague and Pestilence.

A most singular good preservative so be taken against all manner of bad and corrupt Ayres, in places infected.

Take a handfull of Sage, and scathe it in a gallon of cleare running Water, and let it scathe untill the one halfe be consumed, then couer it close and set it ouer the fire againe, and put into it a good quantity of Hurry, and as much Treacle, and when scum is cleare, and put it into a glass, and stop it close, and when you shall use it, by the 1. or 2. Spoonfull of it suffrag, and it will preserve you from taking of any ill Ayres all the day after where soeuer you goe.

against the Plague and Pestilence

Another good preservative to be used against the Plague when you goe into an open ayre, or else where common assemblies are.

Take a sponge and dip it in Vinegar and Rose-water mingled, or else in Vinegar wherein Wormewood or Rue haue bene boyled in, and use it so well often thereto.

An excellent Pomander to be used against the ill favoured sent of the Plague.

Take the quantitie of 4. pound of Olibanum Labeanum, and put to it a pound weight of the strongest Vinegar that may be gotten, and let them so lye in an earthen pot for a good space, then take the quantitie of a pound of pure yellow Wax, and a little Turpentine, and let them be mingled and brused together in a brasie spatter, & then put therein 3. or 4. ounces of Storax Liquida, and let it bee made thicke like unto paste, and so make the pomanders, and if thou wilt haue the same sweeter, then put therein halfe an ounce of Spikenard, and of Cloues beaten to powder and Muske Roses, of each of them 1. ounces, and of Camphire a dram, and so make it up at pleasure.

Another of the same.

Take the same Cinamon, Cloves, Amber, Nutmeg, Storax, Camomill, Iuniper and Red Roses, and beate them all together, and make a powder thereof, and therewith mingle the same with Rose water and so make a pomander thereof.

A speciall good drinke to be used of all such as are grieved with the Plague or Pestilence, during all the time of their sickness.

Take a quarter of an ounce of great Valerian, a handfull of So-well, and an ounce of the Rootes of Butter-bur, otherwise called Pestilent-wort, and boyle them in sayre Runnlag Water and White-wine of either like much from a quart to a pint, and straine it and put thereto two spoonfulls of Vinegar, and two ounces of Rue Sygar, and then boyle the matter, and then let the party grieved drinke a good draught thereof as hot as possibly he may abide it, and if he

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hap to cast it by againe, then let him drinke the like draught immediately vpon it, and prouoke himselfe to sweate.

A speciall good Preseruative against the Plague.

Take an Egge, and make a hole in the top of it, then take out both the Yolke and Whites, and fill the shell with the weight of 1. French Crowns of English Saffron, & then roast the shell and Saffron together in the Embers of Charcoles, vntill the shell waere yellow, then beate them together in a mortar with halfe a spoonfull of Mustard-seed, and as soon as any suspicion is had of infection, dissolve the weight of a French crowne in 10. spoonfulls of Posset-ale, & let the patient drinke it like wine, and sweate vpon it in naked bed.

Another of the same.

Take a handfull of Herbe-grace (otherwile called Rue and Sorrell of either a handfull, of Elder-leaues, a handfull of Red Sage, and a handfull of Red Bramble leaues, and stampe them well together, and straine them through a fine cloth, with a quart of White-wine, then take a good quantity of Case. Ginger and mingle it well with them, and drinke a good draught thereof both morning and Evening, for the space of 9. daies together, and by Gods grace it will preserue you.

Another for the same.

Take a good quantity of Garlick, and pill it, and mince it small, and boyle it in new milke, and eate it euery morning fasting. This hath beene truly proued.

Another for the same.

Take 1. Figges, 1. Walnuts, 10. Leaues of Rec, and a dram of Salt, and stampe them all very well together, and eate them fasting, and it will preserue you all the day after: as well against the Plague, as also against any other pestilence.

Another for the same.

Take Aloes Hepatica, pure Cinamon and Mirrh, of each of them three drams, of Cloues, Mace, wood of Aloes, (commonly call Lignum Aloes, Masticke and Bole Orincall, of each of them one ounce, mixe them together, and make them

against the Plague and Pestilence.

them into a fine powder, and drinke the same fasting every morning, either in white Wine delayed with water, or else with Ale, (but if it be with Wine, mingle it with a little water, but mingle nothing with the Ale, and by Gods helpe this will preserve you.

Another good Preservative vsed by Methridates.

The Figges which are not woyme-eaten, and wash them cleane, and of the kernels of Walnuts cleane picked, of each of them an 100. the weight of foure pence of Sale, and of the leaues of Hearb-Grace the weight of 2. Shillings. Then take the Figs and the kernels of the Walnuts, and cut them in pieces, and stamp them well, & then put the Leames into them, and stir them very well together, and then straine the Salet with the rest, and stir it vntill it be incorporated, and made of one substance, then put it into some Earthen pot or Gallipot, wherein it may be kept both sweet and cleane, and when occasion serueth for vse thereof: take the quantitie of 1. or 3. Figs thereof, and eate it every morning fasting, and by Gods helpe it will: preserve you. If you giue it to young children, the one halfe of the same will serue.

Another for the same.

An excellent good Medicine against the Plague.

Take an ounce of the leaues of Hearb-grace, halfe an ounce of good Figs, an ounce of Iuniper berries, 2. ounces of Walnuts cleane picked, 4. ounces of White Vinegar, and a good quantity of Safron, and stamp them altogether, and then put them into a glasse or Earthen pot, that is cleane, and stop it close that no ayre may issue forth of it, and when you haue occasion to vse it, then take it out either vpon a knives point (or some other instrument fit for that purpose) the quantity of a Beane or somewhat more, and eate the same in the morning fasting, and by Gods helpe you shall be sure not to be infected with the Plague, for the space of 24. houres, after the taking thereof, and you shall finde that it will doe the Patient exceeding much good.

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A foueraigne Drinke (if it be taken in time) to preferue
one against the Plague or Pestilence.

Take the quantity of a dram and an halfe of Powder Im-
periall, a dram of Triacle and of Dragon Water, and
Sorrell water, of each of them an oz. and drinke it with Ale
in the morning fasting, (and if one haue taken the infection
within 24. houres before, yet by Gods grace he shall escape
it. This hath bene truly proued in the last great visitation,
and hath done much good.

Another for the same.

The Hearbegrace, Sage of vertue, red Bramble Leaues,
and Elder leauces, of each of them a good handfull, Stamp
the y^e altogether and straine them through a fine linnen cloth
with a quart of the best old white Wine that may be gotten
and put therein 3. pouyworth of pure good Ginger finely bea-
ten to powder, and let any one (feearing or misdoubting the
Plague) drinke every morning fasting a good spoonfull of it,
and let him oz her use it for the space of 10. or 12. dayes to-
gether, and it will doe (by Gods grace) exceeding much
good, for this hath bene holden an excellent good preseruatiue
against the infection of the Plague.

Another good preseruatiue against the Plague
or Pestilence.

The Scabious and Morris Diaboli, of each of them such a
quantitie as to your owne iudgement shall be thought
meet, Stamp them very well, and then straine them, and
then take the iuyce of them, and set it vpon the fire, and then
you shall perceiue a graine curde to arise vpon the top of it,
but scumme that off as cleane as you can then take the cleare
liquo^r, and put into it the quarters of a pound of the finest
white Sugar that may be had, and so let it sithe vntill the one
halfe of the liquo^r be consumed, then take it off, and so keep it
safe, and when occasion serueth, let the party take the quanti-
ty of the spoonfulls thereof at a time, both morning and
Euening (like warme) and this will preferue one greatly.
Probatum est.

Another

against the Plague and Pestilence.

Another for the same.

Take Butter-milke and eate thereof euery day during the time of sickness, and it will doe you much good.

Another for the same.

Take 5. spoonfulls of Wine-Vinegar 3. spoonfulls of faire Running water. di. a spoonfull of Triacle of Iene and of Bole Armoniacke, as much as a small Nut (it being beaten to small powder) and drinke it euery Spooning and Quening. Proued by M.K. of An.

Another for the same.

Take 7. or 9. leaues of Sorrell, and wash them in faire Water and Vinegar, and steep them in the said Water, and Vinegar a good while and eate them fasting.

Another for the same.

Take the finest and purest Alloes that may be gotten, and of Cinamon and Mirh, of each of them the weight of 3. French Crowmes (of the weight of 1. pence in silver) and of Lignum Aloes, Cloues, Mace, Masticke, and Bole Orientall, of each of them di. an oz. mingle them together, and beate them into fine powder: then take the weight of 4. pence thereof, and delay it into white Wine and faire Water, and so drinke it euery Spooning fasting.

An excellent good Drinke to be taken euery morning for a preseruative against the Plague.

Take a good handfull of Winter-Sauery, and boyle it in a quart of good White Vinegar, with a spoonfull of Greines (being beaten and put into it:) and put thereto a good quantity of fine Sugar, and take a good draught thereof euery morning fasting. Also if you must of necessity come into any place where any infectious persons are, then it is good for you to smell to the Root of Angelica, Gentian. or Valerian, and to cheto any of these in your mouth, and you shall finde much vertue in them. Probatur est.

A marvellous good Medicine for the Plague.

Take 3. or 4. slips of Herbe-grace, and 6. spoonfulls of Vinegar, and beate them both together in a mortar, then straine out the iuyce of Iseloane, and put thereto an ounce

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of pure Triacle, and an ounce of Star Sugar, and set it on the fire, and stirre it well together, and make thereof a Drope, and then put it into a close Vase, and when you will vse it, take a Sage lease and spread as much as a Beane of the same vpon the lease, and so cate it every morning and euening, and it will doe you much good. Also if any one be infected and vse this often, it will quite expell the Plague from his heart: but if hee be not infected, it will preserve him within the space of 24. houres after the receipt thereof.

Another for the same.

Take every morning fasting, a dry Fig, a Walnut, and 4. or 5. leaues of Hearbe-grace, and chop them altogether very small and cate them, and afterwards drinke a good draught of White or Claret Wine: but if it be a woman with Child, leaue out the Hearbe-grace.

Another for the same.

Take a pint of Honey, a quarter of a pound of Bole Armoniacke, and as much Sanguis Draconis, and as much of Terra sigillata, halfe an ounce of Cloues, and a pint of Aqua viæ, and boyle them all together, untill they be all as thicke as pay, and when you will vse it, take the quantity of a spoonfull thereof first and last, but take heed that you doe neither walke nor drinke, for the space of an houre after the taking thereof, and this will doe you maruellous much good.

A good Preseruatiue for a Woman with Child, or such as are delicate or tender, that cannot away with taking of Medicines.

Take a tosse of White or Wheat n Bread, and sprinkle thereon a little powder of Cinamon, and cate it in the morning fasting. But if Cinamon or Vineger be not to be had: then you may cate Bread and Butter alone, for Butter is not onely a preseruatiue against the Plague: but also against all other venemous popsons.

An excellent good Medicine to be drunke, suspecting your selfe to be infected.

Take a great Onion and take forth the Core, then fill it full of galing with Triacle of Iene, and wrap the same in a peece of paper.

against the Plague and Pestilence.

pre, and roast it untill it be soft, and then straine it with a little White Wine Vineger, and temper it with a pretty quantitie of Sugar, and give the patient two spoonfulls thereof to drinke fasting, and if he be infected with the Plague, it will be perceived within six houres after the receipt of the same drinke.

Another good preservative against the Plague.

Take the Rootes of Bayes, May-weede (both leaues and rootes) of each of them a like quantitie, a good quantitie of Triacle of Iene, and a small quantitie of Dragon Rootes and Leaues, and mingle the n well together with Ale. and make a Posset thereof, and so use to drinke dayly thereof, and you shall finde great comfort thereby.

Another preservative against the Plague.

Take a Figge, and put therein a little Hea b. Grace bruised, and mingled with a little Bay Salt beaten small, and the Kernel of a Walnut cleane picked, and let the patient use every morning to eat three or foure of these Figs thus ordred fasting, and let him drinke a good draught of Wine or Beer afterwards, and then walke an houre after it, before he eat any meate, and so by using of this every morning as aforesaid, by Gods helpe he shall be safe from any infection.

Another for the same purpose.

Take Wormwood and Rue, of each of them a handfull, and bruse them a little, and put them into an Earthen or pewter pot, with as much white Wine Vineger as will couer the hearbes, and keepe it close stopp, and when you feare any infection, dip a little peece of a sponge into the Vineger, and then put it rither into a round Wall made of Iuory or Iuniper, with little holes on the top, or else the Rinde of a Lemmon, (being opened on the top, and all the substance taken forth) and carry it in your hand as you goe in the streets, and so use to smell often unto it, and it will preserue you greatly.

Another excellent good preservative against the Plague.

Take halfe an hundred of Greene Walnuts, (bring new taken off, as they hang grane on the Tree) a pound of the inner Barke of an Ash-tree, and of Pettymorrell, Howsleeke, Scabious, and Vervaine, of each of them a handfull and

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halfe an oz. of Saffron, and mince them altogether, and put a pottle of the strongest Vinegar to them that may be gotten, and boyle them ouer the fire in a pot close stoppt, and afterwards distill them in a Rymbecke: then take the same water, and keep it in a Glasse, and when occasion serueth for vse thereof, drinke 4. or 5. ounces thereof at a time, and so vse to take it 4. times in 24. houres space, and when you doe take it, be sure to be in your naked bed, and prouoke your body to sweate, and in so doing you shall sustaine great comfort both to heart and body. Probatum est.

Another good Preseruative for the same purpose.

Take reane graines of powder of Saffron. twenty Greines of the Kernels of Walnuts cleane picked, two or three Greines of Figges, three Greines of Methridatum, one oz. of Pimpernell Water, and sixe Sage leaues: stampe all these together, and put it into a close glasse, and eate thereof every morning fasting the quantitie of 12. Graines, and this by Gods helpe will preserve you.

Another for the same.

Take a good quantity of Rue, otherwise called Hearbgrace) or Wormewood (or both if you please) and put it into a pot of small drinke, and let it steape for the space of a whole night, close stopped, and drinke thereof in the morning fasting, and by often using of it, it will both purge the blood and preserve you from the disease: Also if you take 7. or 8. Berries of Juniper dried, and made into fine powder, and put the same into your drinke, wherein the Rue and Wormewood hath bene steeped as aforesaid, it will be much the better, and of a farre greater vertue: but if you cannot get any Juniper Berries then take a little powder of Wormewood, and powder of Valerian, and be it in your drinke as aforesaid.

Another for the same.

Take powder of Turmentill the wright of 6. pence either in Water of Scabious or in Sorrell water in the Summer, but if it be in the Winter: then take it with Water of Valerian, (if it may be gotten) or else with some other ordinary drinke, and it will doe you excellent much good: Likewise a peece of Am

against the Plague and Pestilence.

Roote, kept in your mouth, as you walke in the streetes, is marvellous good and Cordiall.

Another for the same.

Take Rue, Mandrago is, Fetherfew, Burnet, and Sorrell, of each of them halfe a handfull, and a good quantity of croys and rootes of Dragons, wash them all very cleane, and seethe them on a soft fire in faire running Water, from a pottle to a quart: then straine them through a fine linnen cloth, and if it be bitter, put thereto as much Sugar Candie, as will make it sweet, or else some other fine Sugar, and if this Medicine be ministred befoze the Purples doe arise, it will helpe, but it must be taken every morning fasting.

An exceeding good Medicine to be taken against the Plague.

Take an oz. of the leaues of Herbe Grace, halfe an oz. of good Figges an oz. of Juniper berries, 2. ounces of Walnuts cleane picked, 4. ounces of Wine Vinegar, and a good quantity of Saffron, and steepe them altogether, and put them into an Earthen Pot or Glasse, and stop it close that no ayre may issue out, then take some of it forth upon a haire point, or else with some other instrument to the quantitie of a Beane or more, and take it in the morning fasting, and by Gods grace, it will preserve you from infection for 24. houres after the taking of it.

Another for the same

Take Betony water, and white Wine Vinegar, of each of them 2. Spoonfulls, and the quantitie of a Nutmeg of Triacle of Iene, or else the quantitie of a halfe Scope of Mechridatum, and mingle them altogether, and let the sicke person take it in the beginning of his sicknesse, and this will doe him exceeding much good.

Another for the same.

Take Heab Grace, Southernwood, Mugwoort, and Wormwood, of each of them a handfull, and 2. or 4. handfulls of Juniper berries which are blacke, and then cut and shred the hearbes very small, and put them into an Earthen Pot or Pitcher, and pour to them a gallon of white Wine Vinegar, and let the whole stand there for the space of 7. daies. (if the whole be but 1.

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they be greene, then let them not soke aboue 1. 4. hottes) then take a handfull or two of the same hearbs forth, and put them into a still, and then put therein a quart of the same Vinegar, and so distill them with a soft fire, (so; ouermuch fire will waste it, and when it is distilled, put as much more as aforesaid into the still, and so doe vntill you haue distilled all. That being done, put it into a pipkin or earthen vessel againe, and then put therein as many of the same hearbes fresh now againe as you did before, and then let them soke for the space of 7. or 8. dayes and nights more, and then distill them againe (as you did before) and so use the Leafe and Berries, the third time againe as you did the first before: and then put into the pipkin 4. ounces of pure and good Mechridatum, amongst the hearbes, or if it cannot be had, take 6. or 7. ounces of good Triacle, and put therein: and when it is well distilled, put it into a double Glasse, and stop it close, and binde a piece of cleane Leather about the top of it, and so keepe it close, and when occasion serueth for the thereof, and that you perceiue any one to bee infected with the Plague; then giue him that is grieued 4. ounces thereof at a time, but if it be a woman, giue her not aboue 2. ounces, and to a childe according to the age, and as the childe is able to beare it, and let him or her that so taketh it, sweate vpon it for the space of 3. or 4. houres after the taking thereof, but if the patient be able to indure it, let him sweate longer, and let some body stand alwaies by the sicke person, to drye the sweate from his face, least that by putting of his or her hands out of the bed, cold be taken, and more danger of death ensue thereby, and with all doubt: by Gods helpe, this will yield him comfort and helpe in a short space. This is a marvellous good Medicine, and hath bene often times of late experienced: this is also good against the Leprosie, being much used as aforesaid.

An excellent good drinke, generally to be vsed for all sorts of people, that are infected with the Plague, and to be made with small cost.

Take Borrage Burnet, and Marigolds (which are of a braynt colour) of each of them a good handfull: then take 9. or 10. crofts of the youngest Rosemarie, and boyle all these together

against the Plague and Pestilence.

In a quart of stale Ale clarified: then put therein a little whole Mace, and a pretty quantity of fine sugar, and a crust of White or Wheaten Bread, and let the sicke person drinke of this during all the time of his or her sicknesse, and this will be most comfortable and good.

Also use to put Pimpernell in the sicke persons broth, that you doe commonly make for him either to sup or eat, and it will be the better.

Another good Drinke to be used to those that are infected with the Plague.

TAKE Berries of luy (that are ripe) (gathered on the North side of the tree, and dry them in the shadow: and then stamp them to powder: then take 01. a dram of the same powder, and temper it well with 2. ounces of Rhenish Water, and when the sicke person is desirous to drinke, let him take a good draught thereof: and let him remaine in his bed, and sweate as much and as often as he can, after he hath taken it, then warme a cleane shirt for him and put it on, and if his shirts may be moistened often, it will be the better after his sweating: and likewise his sheets and clothes, and in using of this for the space of 3. dayes together, he will either dye or mend without all doubt: (by Gods helpe.) This hath bene truly proved.

Another precious Drinke for one infected with the Plague.

TAKE Petherfew, Matfellen, Mugwoort, Solfequi, Scabious, and Mallowes, of each of them alike quantity, wash them cleane, and stampe them, and temper them well with stale Ale, and give it the sicke person to drinke, (the quantity of 6. spoonfulls thereof at a time) and if it be taken in time, it will both destroy the corruption: and also keepe the sicke person from all danger of death. Probaturum est.

Another for the same.

TAKE a good quantity of Scabious water and Betony water, and mingle them together with a good quantice of Triacle of Jeane, and give it the patient to drinke immediately after that hee suspecteth himselfe to bee infected. And if it happen that the sicke person finde himselfe greatly grieved, and that any swelling begin in any place to grow sore, then take

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take Elder-leaves, Red Bramble leaues, and Mustardseed, and stamp them altogether, and make a Plaster thereof, and lay the same to the soze, and this will both brawe and heale.

Another good drinke to be made and vsed for the same purpose, or otherwise, &c.

Take 3. ounces of Aqua vitæ, and an oz. and an halfe of Rose-water, and put 3. drams of perfect good Cinamon, and a dram of Yellow Saunders to steape therein, and when it is well steeped, then straine it through a hayes Strainer, and swarten it well with the conserues of Roses and when occasion serueth for vse thereof, take the quantity of an oz. thereof at a time, and giue it the sicke person in the Morning fasting, or else make a tost of fine Marchet, or Wheaten bread, and soke the tost therein, and it will doe him much good.

Another good Drink to be vsed in the time of Visitation.

Take 5. Spoonfulls of Dragon water, 7. Spoonfulls of the strongest white Wine Vinegar that may bee gotten, 11. a Spoonfull of Triacle of Iene, a quarter of a Spoonfull of Bole Armoniacke, beaten into fine powder, and as much or somewhat more of the roze of Setwall of Venice likewise beaten to powder, and when any one is infected (or else not) and when he taketh it, let him fast from both meat and drinke for the space of 11. houres after, vntil he thinke good to take of the same drinke againe, and he shall receiue great comfort thereby. But if you can get any powder Imperiall, put in a like quantitie as of the rest, and it will bee the better, this must be taken alwayes blood warre, and as often as you shall thinke conuenient pour felte.

Another for the same.

Take an Onion, and make a hole in it, and take out the inner Core, then take Dragon Water, Triacle and Pepper, (bruised) and put them altogether into the Onion, and roast them in the embers, and then bruis it and straine it with pure Malmse, and giue it the Patient to drinke. This is a present remedie; if it bee taken before the heart bee infected. Probabum est.

against the Plague and Pestilence.

A good Medicine to prouoke sleepe to the sicke person.

Take a good quantity of Womans brist Milke, and put there to a like quantity of Aquavitz, stirre them well together, and moisten the temples of the head of the patient, and the nostrils well therewith, and let it be laid on with some feather, or with some fine linnen cloth, and this will doe much good. Probatum est.

A Maruellous good drinke for them that are infected with the Plague or Pestilence.

Take 2. handfulls of Sorrell and a handfull of Violet leanes, and a bunch of sower Grapes, and beate all these together, (stalkes and all) then straine them with Buttermilke, and make a Posset of the same, and let the sicke person drinke as much thereof as you shall thinke good.

Another good drinke for the same purpose.

Take Lease-wild, and mingle it with the iuyce of Lemmons, and a little Sug: candie, Cloues, Mice, and a little quantity of Liquor ce finely pared, and sliced, and let all these be steeped in White wine, or else in good Claret wine, and put there in a good quantity of the powder of Angelica, or else of the Decoction of the same roote, and let the party griued drinke this warme, and it will doe him marvellous much good. Probatum est.

Another excellent good drinke for the sicke person.

Take Cardus Benedictus, Red sage, Herb gale, Fidler leanes, and Red Bramble leanes, of each of them a like quantity, and stamp them altogether in a Soyer, and straine them through a fine linnen cloth, with a quart of White wine, and let the sicke person drinke 5. or 6. sponesfulls every day, but if it be taken, and used often before infection, it will preserve one from the Plague a long space after, Probatum est.

A souveraigne Drinke for any infected person.

Take a peece of fine Gold, or the leaues of pure beaten Gold, and put it into the iuyce of Lemmons and let it lie therein for the space of 24. houres, then take the same iuyce, and put to it a little powder of Angelica Rootes, and then mingle them with white Wine, and let the patient drinke a good draught thereof.

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This is a most precious drinke, and it is greatly to be wondred at, what helpe and remedy some that haue vied this drinke haue had thereby, although it hath bene supposed by many learned Physitions, that the sicke persons were past all hope of remedy: yet by Gods prouidence they haue recovered againe.

Another good drinke to be taken, either before
or after Iniection.

Take Berony water, and Scabious water, of each of them a good quantity, and a good quantitie of fine Triacle, and temper them well together, and let the patient drinke it, and it will expell the beaume or poyson cleane forth. Probaturum est.

Another good drinke for one being infected.

Take Cardus Benedictus and distill it, and Centorie, and distill it likewise, and minglet the two waters together, and let the sicke person drinke a good draught thereof with Triacle, and it will doe him marvellous much good.

An excellent good drinke for the Plague, if it be
taken in time.

Take a dram of Methridarum, and giue it the patient with Dragon water, White Wine, or other liquors, to drinke when he supposeth himselfe infected first.

An excellent good Poultisse to ripen and bring
forth the sore.

Take a white Onion, and cut it in piere, and three ounces of Butter that is cleane without salt, and the weight of 10. pence of Leauen, and a little Oremeale small braten, then boyle these together with a little new Milke, or else Water, and make a Poultisse thereof, and lay it very warme to the soze, and it will ripen it suddenly. Probaturum est.

Another for the same.

If the Boeth happen to appeare, then take a good quantitie of Elder leaues, Red Bramble leaues, and Mustardseed, and stamp them well together, and make a Plaster thereof and apply it to the soze, and it will draw forth all the beaume and corruption.

Another

against the Plague and Pestilence.

Another of the same.

Take a handfull of Smalladge, or Louage, if you can get it, and two handfulls of Valerian, and two or three rotes of Danc-wort and seethe them all in faire running Water, and with Butter, and put thereto a few crums of wheaten Bread, and make a Poultresse thereof, and lay it warme to the soze, and let it remaine there untill it breake.

Another experienced Medicine for the Plague.

Take a Cocke, a Chicken, or a Pullet, and pull all the Feathers cleane of the carle, so that the Kump may be bare, and then hold the Kump or bare place to the soze, and immediately you shall see the Cocke, Chicken or Pullet gape, and labour for life, and in the end it will dye: Then take another Cocke, Chicken, or Pullet againe and doe the like, and if the same die likewise, then take another, and so doe as aforesaid, and let the partie griev'd be applyed therewith as aforesaid, as long as any of them doe die.

Another excellent good Plaister to draw the sore.

Take Camomill flowers and Mallow leaves, of each of them an handfull, and cut the Mallow leaves and the Camomill Flowers very small and boyle them in faire running Water (but let the water be more then an inch above the hearbes) and let them boyle untill the water be almost consumed: Then put therein 1. ounces of Lynsedee, beaten to fine powder or an handfull of Wheaten Flowe, 2. ounces of Oyle of Roses, and 3. or 4. ounces of Swines Grease, (the Scum being taken away) and temper them well together, and then set them over a soft fire, without any smoke, and stir them very well with a sticke, and so let them boyle together, untill you perceive the water be quite consumed: Then take them off the fire and beate them well together in a Morter, untill you see them well incorporated together, and in stirring to be smooth and not rough: Then take a partell thereof, and beate it either in a Morter, or else in some Earthen dish upon a Chaffing-dish of Coales, and then spread it thicke upon a fine linnen cloth, or else upon a piece of Leather, and so apply it to the soze, and this will draw it according to your owne desire. Probatum est.

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Another of the same.

Take a new Loafe of Bread, and lay it to the soze as before may possibly be suffred, (as it cometh forth of the Oven) and afterwards let it be burnt or else buried in the Earth, or else take leanes of Scabious or Sorrell roasted, or else 1. or 2. Lilly rootes roasted vnder the embers, and applyed to the soze, all these are good to ripen the soze.

A very good Plaister to draw the Plague sore to a head. and to breake it.

Take 1. handfull of Mallows, 1. handfull of Linced, a handfull of Salys Dow, and 1. or 3. Lilly rootes, and stamp these together very small, and boyle them in a quart of Water Lees, untill it be thicke, then lay it on inch thicke or more on a piece of Leather, that is somewhat broader then the sore, and let the borders of the Leather be plaistred with flombers ware, and that will cause it to cleave fast, and this will bring forth the Botch, and breake it in a very short space. This hath bene truly proued.

Another Plaister to draw the sore.

Take a spoonfull of Hussy, 1. or 3. spoonfulls of the iuyce of Spurge, a spoonfull of Turpentine. and a good quantite of wheaten Flower, and temper them well together without fire, and make thereof a Plaister, and lay it to the soze, and at the end of euery 14. houres renew the Plaister, and this will draw it wonderfull much.

Another for the same.

Take 1. handfulls of Scabions, and stampe it in a mortar, then temper it well with two ounces of Swines grease, this is salted, and the Yolke of an Egge, then stampe them altogether, and it will draw it exceeding well.

FINIS.